### SINGHEALTH Polyclinics

**Bedok, Bt. Merah, Geylang, Marine Parade, Outram, Pasir Ris, Queenstown, Sengkang, Tampines**

<table>
<thead>
<tr>
<th>Opening hours</th>
<th>Opening hours</th>
<th>Sunday &amp; Public Holiday</th>
</tr>
</thead>
</table>
| Monday to Friday:  
8 am – 1 pm  
2 pm – 4.30 pm | Saturday:  
8 am - 12.30pm | Closed |

It is advisable to make an appointment for vaccination. Please call 6643 6969 for more information.

* **Vaccination Cost** *(PLEASE CHECK with the Polyclinics for prevailing cost)*:

<table>
<thead>
<tr>
<th>Meningitis Vaccine:</th>
<th>Package (Meningitis &amp; Influenza):</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nimenrix: $47.25</td>
<td>$66.20</td>
</tr>
</tbody>
</table>

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### NATIONAL HEALTHCARE Polyclinics

**Ang Mo Kio, Bt. Batok, Choa Chu Kang, Clementi, Hougang, Jurong, Toa Payoh, Woodlands, Yishun**

<table>
<thead>
<tr>
<th>Opening hours</th>
<th>Opening hours</th>
<th>Sunday &amp; Public Holiday</th>
</tr>
</thead>
</table>
| Monday to Friday:  
8 am – 4.30 pm | Saturday:  
8 am - 12.30pm | Closed |

It is advisable to make an appointment for vaccination. Please call 6355 3000 for more information.

* **Vaccination Cost** *(PLEASE CHECK with the Polyclinics for prevailing cost)*:

<table>
<thead>
<tr>
<th>Meningitis Vaccine:</th>
<th>Influenza Vaccine:</th>
</tr>
</thead>
<tbody>
<tr>
<td>$52</td>
<td>$25</td>
</tr>
</tbody>
</table>

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### Crescent Clinic

**Location**
Blk 1A Eunos Crescent , #01-2473

<table>
<thead>
<tr>
<th>Opening hours</th>
<th>Contact information</th>
</tr>
</thead>
</table>
| Monday to Friday:  
8.30 am – 12 pm  
2 pm – 5 pm | Phone: 6745 8624 |
| Saturday:  
8.30 am – 12 pm  
**Sunday:**  
9 am – 12 pm | |

**Vaccination Cost** *(PLEASE CHECK with Crescent Clinic for prevailing cost of vaccinations)*:

<table>
<thead>
<tr>
<th>Meningitis Vaccine:</th>
<th>Influenza</th>
<th>Pneumococcal</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Menectra</strong>: $90</td>
<td>$20</td>
<td>$65</td>
</tr>
<tr>
<td>Nimenrix: $90</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Menectra may not be suitable for patients above 55 years** *(please check with attending doctor)*
Tan Tock Seng Hospital
Travellers’ Health & Vaccination Clinic (THVC)

Location
Level 4, Clinic 4B
TTSH Medical Centre

Contact information
Phone: 6357 2222
Fax: 6732 7520
Email: thvc@ttsh.com.sg

Opening hours
Monday to Friday:
8.00am - 5.30pm
(Last walk-in appointment at 5 pm)

Saturday:
8.00am - 12.30pm
(Last walk-in appointment at 12 pm)

Opening hours
Sunday & Public Holiday:
Closed

* Vaccination Cost (PLEASE CHECK with THVC for prevailing cost of vaccinations):

<table>
<thead>
<tr>
<th>Meningitis Vaccine:</th>
<th>Influenza</th>
<th>Pneumococcal</th>
</tr>
</thead>
<tbody>
<tr>
<td>** Menectra : $130</td>
<td>$18</td>
<td>$65</td>
</tr>
<tr>
<td>+ Mencevax : $45</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(+Mencevax may be in limited stock at THVC, please check for availability with THVC)

Vaccination cost in THVC does not include Nurse fees: S$6
** Menectra may not be suitable for patients above 55 years (please check with attending doctor)

Vaccination for Haj and Umrah

Meningococcal ACWY Vaccine *(Required for Haj and Umrah)*
Meningococcal vaccination is required for Haj and Umrah pilgrims and is also recommended prior to your travel to endemic areas. The vaccination protects against ACWY strains and only 1 dose is required.

Influenza Vaccine *(Optional for Haj and Umrah)*
Influenza is a contagious disease caused by the influenza virus, spread by coughing, sneezing or nasal secretions.

The influenza vaccine protects against influenza. There are many different types of influenza viruses, and the circulating strains change constantly; hence an annual vaccination is recommended. Only 1 dose is required and it takes 2 weeks for protection to develop after vaccination. Children who have not been vaccinated previously against influenza will require 2 doses with the interval of 4 weeks.

The influenza vaccine is recommended for the elderly, frequent travellers and patients with diabetes, chronic heart disease or respiratory ailments.

Pneumococcal Vaccine *(Optional for Haj and Umrah)*
Pneumococcal infection is a bacterial infection that is spread by coughing, sneezing and contact with nasal fluids. Signs of infection include high fever, cough, and shortness of breath. If the brain is infected, there may be headaches and confusion.

Pneumococcal vaccination is recommended for all persons with chronic illnesses such as asthma, diabetes, heart and pulmonary diseases and for elderly people above 65 years of age.

Information cited from: National Health Group polyclinic
(http://www.nhgp.com.sg/Our_Services/Other_Services/Vaccination_Clinic)